

Desiderata: By Max Ehrmann

Go placidly amid the noise and haste. Remember what peace there may be in silence. As far as possible without surrender, be on good terms with all persons. Speak your truth quietly and clearly: listen to others, even the dull and ignorant, they too have their story. Avoid loud and aggressive persons, they are vexations to the spirit. If you compare yourself to others: You may become vain and bitter, for there will always be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career; however humble, it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let not this blind you to what virtue there is, many persons strive for high ideals. Everywhere life is full of heroism.



Be yourself. Especially do not feign affection. Neither be cynical about love, for in the face of all aridity and disenchantment, it is as perennial as the grass. Take kindly to the counsel of years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and stars, you have a right to be here. Whether or not it is clear to you, the universe is unfolding as it should. Therefore, be at peace with God, whatever you conceive Him to be. Whatever your labors and aspirations; in the noisy confusion of life, keep peace with your soul. With all its sham, drudgery and broken dreams, It is still a Beautiful World.



Be Cheerful, Strive to be HAPPY!!!

A poster of this poem hung on the wall of my bedroom as a teenager.

Do you want peace in your life? This explains how to live at peace with oneself. Written in 1927, it is as true today as when it was originally penned. Unfortunately, some people thrive on upset and drama. When I realized this, I began to distance myself from these situations in my everyday life. During this pandemic, I have stayed home. And have had very little contact with any of these drama fanatics. My life is much more simple and peaceful. This past weekend we attended Official Visits at

Las Cruces #20 and Ruth #6 in Deming. It was so good to see everyone and return to some semblance of normal. We are looking forward to a few more visits as well as campout and homecoming in July.

Star love and hugs,  
Sue Fischer, Grand Martha